


ORANGE BASIL INFUSED WATER



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Yield: 12 SERVINGS

INGREDIENTS & AMOUNTS:

- 1 quart of ice and
2 quarts water
- 10-12 basil leaves, fresh
- $\frac{1}{4}$ cup orange sections

INSTRUCTIONS:

1. Place 1 quart of ice in pitcher.
2. Place rest of ingredients on top of ice in pitcher.
3. Fill with 2 quarts of water.
4. Stir with tongs to incorporate ingredients.
5. Enjoy!

Nutrition Facts

12.73357 servings per container
Serving size **8 ounces**
(226.8g)

Amount per serving
Calories **0**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 5mg **0%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes g of Added Sugars

Protein 0g **0%**

Vitamin D 0mcg **0%**

Calcium 9mg **0%**

Iron 0mg **0%**

Potassium 10mg **0%**

*The % Daily Value (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



Metz
CULINARY MANAGEMENT

Ingredients: Water, Tap; Orange Sections; Basil, Fresh